



South Dakota CattleWomen

2019-2020

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For more information,
go to
www.sdcattlewomen.org

Celebrating 66 years of promoting BEEF!

Volume 40, Issue 4

**SDCW Annual Meeting
Friday, September 25, 2020
Starting at 11:00 a.m.
Red Rossa Italian Grille
808 West Sioux Avenue
Pierre, SD**

**There will be lunch and efforts to provide
social distancing will be in place
By-laws will be voted on at the
annual meeting**

**Please be prepared to vote
by reviewing the current ones**

Newsletter Deadlines!

October 16: Special Edition Newsletter
(containing directory, ARs for membership information, final reports and/or
summaries on projects from 2020
and membership drive information)

BEEF CERTIFICATE UPDATE!

Yes, the South Dakota CattleWomen Beef Certificates
are moving into the 21st Century!

The South Dakota CattleWomen Beef Certificates are now offering a pre-loaded
\$25 Visa gift card which can be used to purchase beef at any grocery,
restaurant or meat locker that accepts VISA cards. There is a service charge of
\$3.50 per card (total of \$28.50). Because we have been getting some feedback
that the Beef Certificates are not recognized in some parts of the country the gift
card was seen as a solution to the problem. They will be recognized and easier
to redeem everywhere. Initially they will be available to order by contacting:

SD Beef Certificates

PO Box 451, Winner SD 57580 or

beefcertificates@yahoo.com or by calling 605-842-9066

If this program goes well, it will be expanded to include additional dollar
increments and will be available at the current Beef Certificate outlets.

The standard Beef Certificates will remain available
in \$5, \$10, \$20, \$25 amounts at no extra charge.

**Thank you for your past support of the
Beef Certificate program and beef production
in South Dakota!**

Message from your President

Hello members!

This year has presented challenges that none of us could have anticipated. I have been proud to see the efforts and perseverance of the Cattlewomen across our state.

While our meetings have been altered by our current situation we have still moved forward. We handed in our ARs on time, thanks to the hard work of many. We can still present ARs to BIC if you get the info to Lindy or myself before the BIC meeting at the end of the month.

Have you had a clever idea that can promote our BEEF to the consumer in spite of current circumstances? Please do share. The more details and specific you can be the better!!

Some time back, the by-laws were emailed to all known member emails. The by-laws committee has worked hard in spite of the limitations and frustrations of this year and has many much needed updates suggested for the members to decide on.

We will hold our annual meeting at the Red Rossa Italian Grille, 808 West Sioux Avenue in Pierre, this year on the 25th of September. There will be a lovely lunch and efforts to provide for social distancing will be in place.

If you wish to have an impact on the industry in our state both as a stalwart community of likeminded women and as an important part of BIC, please plan to join us!

I would like to extend a special thanks to Karla Pazour. This amazing woman has been faithful, driven and helpful in more ways than she would ever admit to. This team has so impressed me and this year, Karla has been an MVP!

Sincerely,

Evie Fortune

SDCW President

SOUTH DAKOTA CATTLEWOMEN AUDIT JULY 24, 2020

Becky Littau and Mary Hendricks met with Noreen Krogman at the Methodist Church in Mission, SD, to conduct the audit from October 1, 2019 through June 30, 2020. A number of bank statements were reviewed, comparing cleared items with register items and bills. All seemed to be in order.

Check numbers are entered on the bills at the time they are paid. One check was lost and a stop payment was placed on it and a new check was issued. Reconciliations were done each month and appeared to be in order.

The reports presented to the membership were reviewed. There is no beginning balance and that makes it impossible to know the balance in the account. It was recommended that the Quicken program be used to produce the report, as that will include the ending balance from which the report was started.

A recommendation was made that the Beef Certificate Account be reviewed frequently by all three members on the account to insure nothing improper has been entered. Noreen does include a copy of the bill when sending checks to Lindy Harkin to be signed for payment. A bill has not been sent when sending the bill for Lindy's salary and supplies to Becky. We recommended that a copy of that bill be sent for that transaction as well.

In conclusion no discrepancies were found and everything is handled properly. Transfers from the Beef Certificate account will amount to about \$12,000.00 this year. We need to monitor that closely to insure that sufficient funds are left to cover outstanding items. We will now be issuing gift cards and will need to review transactions on those so we will know if all are being entirely used.



After the August 6 tornado, the Rosebud Rancherettes were surprised and humbled when they were presented a check by SDCW president Evie Fortune from a statewide campaign, "Beef for Bucks", which asked for donations to help our community. Evie told us we could use the money at our discretion to help the community recover. The "Beef for Bucks" money was given to: The Burke Senior Citizens Center, Burke Riding Club, Burke Golf Course, FCCLA and our last presentation was to the Burke school for the new playground equipment. Pictured in front of the new playground is (back): Bonnie Nozika, Tim Sanderson (Principal), Deanna Nelson, Kate Witt (playground committee), Sue Chytka, Ann Bailey and (front): Renee' Sutton, Katie Adams and Mollie Andrews. The playground committee did a great job and the students will have many hours of fun. Just wanted to let everyone know where their donations went. With Covid and all, it took us awhile to get to everyone. We very much appreciated everyone's thoughtfulness.

Secretary's Report

The South Dakota CattleWomen's quarterly meeting was held Monday, June 29, 2020, at the Tripp County Courthouse meeting room, beginning with a noon lunch. Those in attendance were: Mary J, Donna A, Katrin V, Mary H, Leslie R, Carol H, Karla P, Becky L, Lindy H, Evie F, Tonja J and Noreen K.

The President called the meeting to order at 12:30 p.m. The invocation, flag salute and CattleWomen's Creed were dispensed with.

Karla moved and Mary H. seconded, to approve the minutes of the last meeting as printed in the newsletter. Motion passed.

REPORTS:

President: Not much to report due to Covid-19 - hasn't been anywhere.

Treasurer: Noreen gave SDCW and BIC treasurer's reports and budgets. Accepted to be filed.

Membership: Katrin gave report as printed in the newsletter and had four more state members.

Beef Certificates: Lindy gave report. There was \$5,000 in expenses.

By-laws: Karla suggested to move to old business.

Promotion: Karla mentioned she has new kids' beef bags on-hand and a new recipe booklet. She has them with her if anyone wants them.

BIC Report: Veteran's dinner in Hot Springs. Mary H. moved and Leslie R. seconded to move \$500.00 to the Veteran's dinner out of the Club Project funds and advise Carol Sides of Southern Hills to put in an AR proposal for future events. Motion passed.

OLD BUSINESS:

By-laws: Kodi Blotsky, Carol Sides and Karla Pazour met Jan 28 at Winner to continue work on updating the by-laws. Updates include: removing or replacing out-of-date bylaws and adjusting verbiage where needed. Karla reported the committee was wondering how to handle the current voting, being clubs no longer rely on a board of directors as voting delegates. Committee asked for suggestions on ways to restructure voting in a fair and feasible way. One consideration is to have voting delegates instead of the Board of Directors. Each affiliated club would have one voting delegate. All unaffiliated members would be combined and considered a club. Voting delegates will be prorated by number of members in the local club and a club could have more than one voting delegate. It was suggested that we could look into other organizations' by-laws, such as the American National Cattlewomen.

Beef Gift Cards: Lindy reported the Visa cards should be here any day. A \$25.00 card will cost \$28.50, with the card fee.

NEW BUSINESS:

AR's are due to BIC in two or three days. They should have more details as to the project, the more the better, written clearly and photos are very helpful.

Annual Meeting: Friday, September 25, 2020 in Pierre. Tonja will choose the location.

BIC: Evie received a letter from BIC that Erin Yost's term is up and need a member to fill the position.

Noreen had information from the Secretary of State concerning registering agent and physical address. Becky

moved and Leslie seconded, to change physical address to the Stockgrower's Office and name Noreen as the registered agent. Motion passed.

Leslie moved and Carol H. seconded to have e-mail contract checked and represented by the President, Vice-President and Treasurer. Motion passed.

Audit: Leslie moved and Karla seconded to appoint Becky and Mary H. to conduct an audit on the treasurer's report. Motion passed.

Kids One Page Sheets: Karla says Brenda D. has them about ready.

Becky will check into the beef jerky used for projects at different processors for price, etc.

Thank you to Lindy for lining up the lunch.

The President adjourned the meeting at 3:00 p.m.

Respectfully submitted

Mary Jessen, Secretary

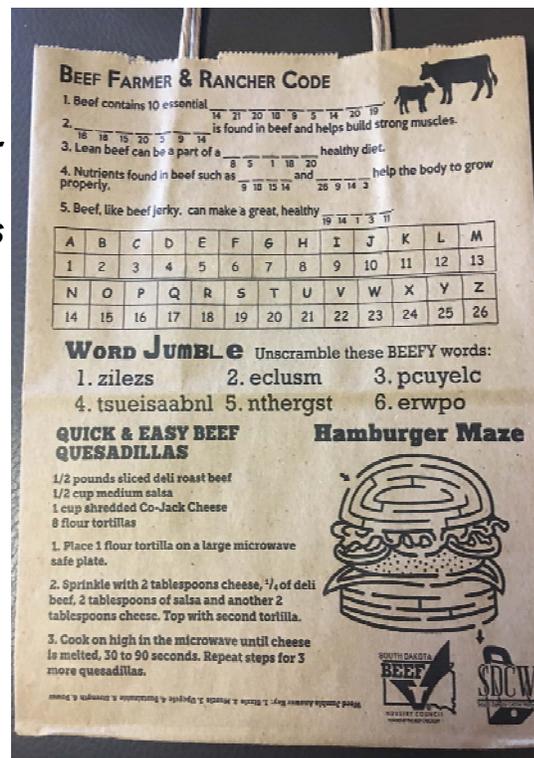
Beef bags are popular with families

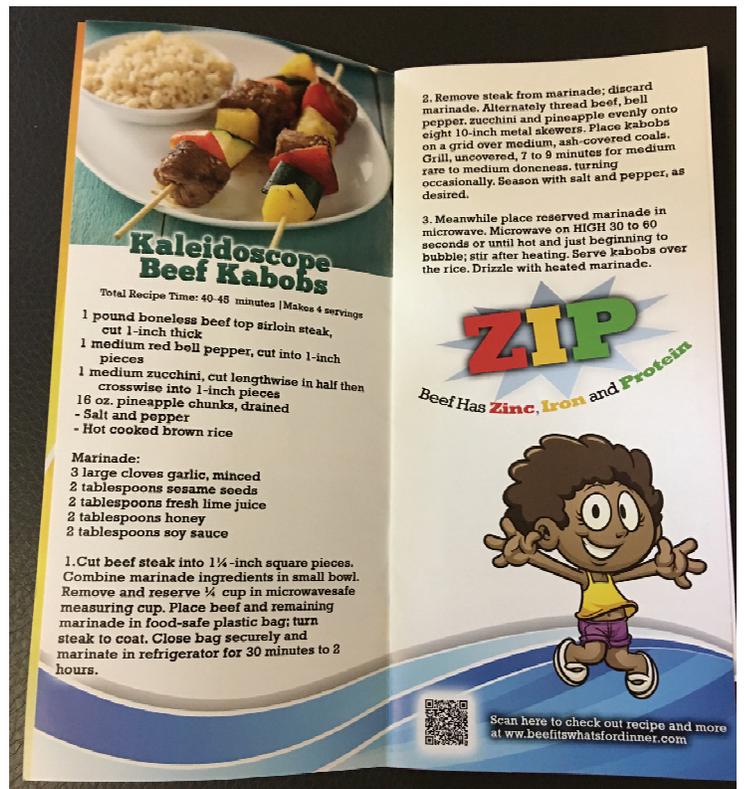
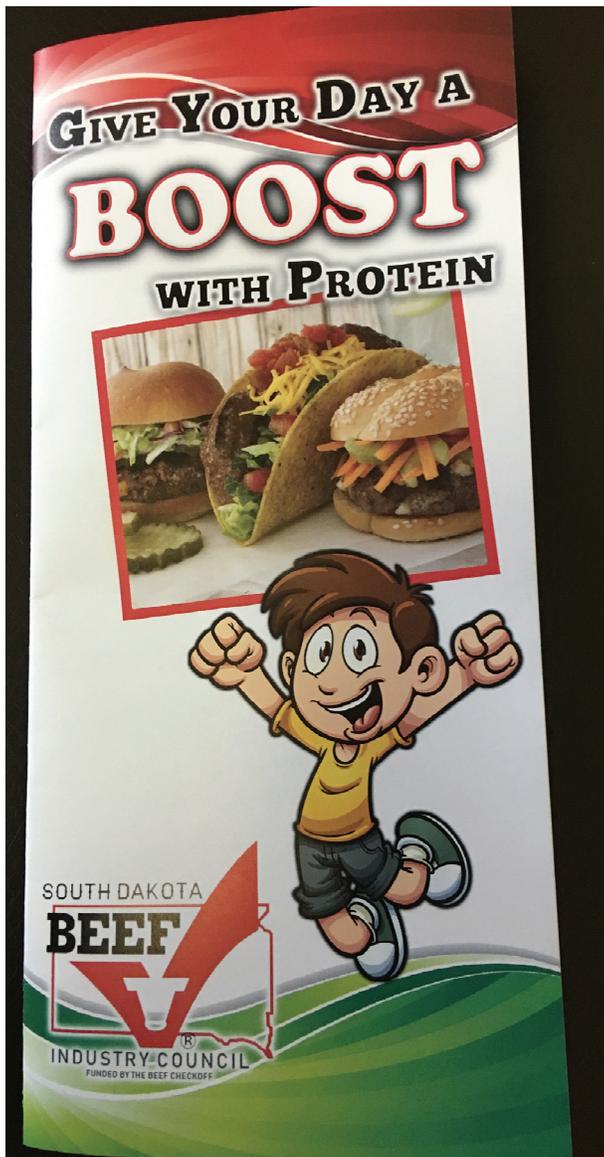
The SDCW continues to work with the Lewis and Clark Visitor Center at Chamberlain. They have greatly appreciated the beef bags that have the

kids' activity fun on the outside. They distribute our materials with a coloring book that highlights South Dakota. As always, families appreciate worthwhile activities to keep their children entertained and provide discussion about the cattle they observe while traveling. The beef bags were funded through our Beef Checkoff Dollars.

A huge thanks goes to SDBIC staff person, Merretta Anderson, for coordinating and creating the new artwork on the paper bags.

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Give your day a boost of protein

The 'Give Your Day a Boost of Protein' brochure was developed by the South Dakota Beef Industry Council and is being distributed at the Lewis and Clark Visitor Center at the Chamberlain rest area. The family friendly 16-page brochure is packed with beef easy recipes, nutritional hints based from choosemyplate.gov and some word finds and challenges. The Chamberlain rest area continues to be a popular stopping spot, especially with the grand Lady Dignity artwork.

May is "Beef Month"

In honor of "Beef Month", the Rosebud Rancherettes donated two \$20 beef certificates to be used for a tasty beef dish to be enjoyed at the Senior Meals. Representing the Rancherettes is: right, Bonnie Noziska and accepting the donation is Lynn Kruse of the Burke Nutrition Site. The certificates presentation was delayed because of COVID-19, and meat prices have skyrocketed making the donation much needed for the continued support of providing meals to the community.

A single 3-oz. serving of lean beef provides great nutritional value, and about 150 calories. Lean beef is a naturally nutrient-rich food that provides you with essential nourishment, like protein, iron, zinc, vitamins B6 and B12, niacin, selenium and riboflavin, to name a few. These nutrients help to keep your body moving and are a great reason to enjoy beef any day of the week.



4-H COOKING CHALLENGE . . .

Gregory County 4-H Cooking Challenge

Had a great group of kids participate in the first Gregory County two-day cooking challenge! Each day the kids would come and get three mystery ingredients to incorporate into a recipe somehow. They all killed it! Winner of the competition was Kyrie Matucha (right) and coming in second place was Garner Burrus (lower left).

First Day Ingredients:

Ground Beef (donated by Rosebud Cattlewomen)

Can of Corn

Egg Roll Wrap

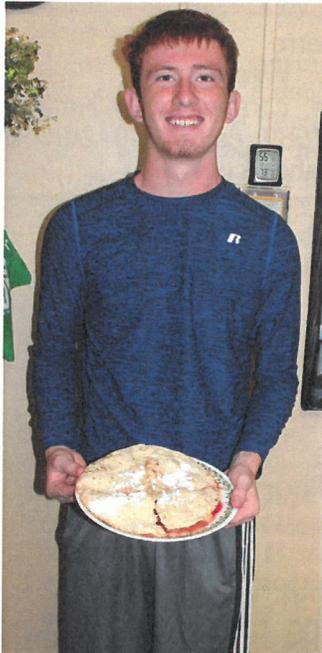
Second Day Ingredients:

Tortilla Shells

Peanut Butter

Powdered Sugar

Participants included: Katie Carlson, Cade Burrus, Garner Burrus and Dani Carlson.



Garner Burrus



Cade Burrus



Dani Carlson



Katie Carlson

Harrold Steakettes announce winners

The Harrold Steakettes have named Peggy Fausett of Highmore the winner of the "May Beef Month" Mother's Day contest.

George Hapney of Harrold has been named the winner of the "Beef for Father's Day" contest.

Each winner received a card and beef certificate. Beef gives them ZIP—zinc, iron and protein.

Money - Money: SDCW and SDBIC bills were due August 31

Bills for SDCW activities and SDBIC-approved projects were due on August 31. All payments must clear the accounts by September 30. Please contact Noreen at e-mail n.kro@hotmail.com or call (605) 259-3478 and leave a message if you still have bills to submit.

*Sympathy is extended to
Lois Bieber and her family
following the passing
of her husband,
Ron Bieber*

**South Dakota CattleWomen
Fiscal Year 10/1/2020 to 9/30/2021**

Proposed Budget

Income Categories	Budgeted	
Beef Certificate Account	\$	8,000.00
Dues	\$	4,450.00
Other Income	\$	500.00
Scholarship	\$	150.00
Stock Account	\$	6,150.00
Total Income	\$	19,250.00
Expense Categories	Budgeted	
Accountant	\$	1,800.00
Beef Certificate	\$	7,800.00
Advertising		\$2,700.00
Contractor		\$2,000.00
Office Supplies		\$2,000.00
Postage		\$ 700.00
Travel		\$ 400.00
Bond	\$	375.00
Club Project	\$	500.00
Dues	\$	350.00
Equipment	\$	125.00
Insurance	\$	2,750.00
Meeting Expenses	\$	2,200.00
Newsletter	\$	2,000.00
Postage		\$ 500.00
Printing		\$1,500.00
Refund	\$	250.00
Rent (storage unit)	\$	400.00
Scholarship	\$	500.00
Supplies	\$	200.00
Total Expenses	\$	19,250.00

(Prepared 08/02/2020)

**Meatballs in
Cranberry-Orange
Sauce**

- 18-oz. Package of Fully-cooked Frozen Meatballs
- 16-oz. Can Whole Berry Cranberry Sauce
- 1 Cup Orange Juice
- 1/2 Cup Prepared Mild Picante Sauce
- 2 Tablespoons Cider Vinegar
- 1/2 Teaspoon Chopped Fresh Ginger
- Dash of Ground Allspice



In a large non-stick skillet, combine all ingredients, except meatballs. Bring to a boil; reduce heat to medium-low. Simmer, uncovered for five minutes, stirring and slightly pressing to crush whole berries. Add meatballs to skillet; continue to cook until meatballs are heated through, stirring occasionally. Makes eight servings.

Beef Certificate Outlets

American Bank and Trust: Miller, Wolsey, Pierre
 BankWest: Kadoka, Onida, Pierre
 Black Hills Credit Union: Hot Springs, Custer
 Dacotah Bank: Aberdeen, Bison, Lemmon
 Dakota Prairie Bank: Ft. Pierre, Presho
 First Dakota Bank: Chamberlain, Kimball
 First Fidelity Bank: Gregory, Burke, Colome, Platte, Winner
 First Interstate Bank: Belle Fourche, Edgemont
 Hot Springs, Spearfish, Sturgis, Wall
 First National Bank: Faith, Midland, Philip
 Harrold Steakettes
 Heartland State Bank: Highmore, Tulare, Wessington
 Mellette County CattleWomen, White River
 CHS: White River, Donna Adrian of White River
 Quoin Financial Bank: Miller, Highmore
 Roberts County State Bank
 SD Beef Industry Council: Pierre
 Sentinel Federal Credit Union: Winner
 To order beef certificates, contact Lindy Harkin,
 PO Box 451, Winner, SD 57580; call 605-842-9066
 or email: beefcertificates@yahoo.com

**Three Easy Steps to Slow Cooking
(Braising, Pot Roasting, Stewing)**

Step 1:

Remove beef from refrigerator. Lightly coat with seasoned flour, if desired. Slowly brown beef on all sides in small amount of oil in heavy pan. Pour off drippings. Season beef, as desired. (Omit coating in flour and browning for corned beef brisket)

Step 2:

Add liquid, such as broth, water, juice, beer and/or wine, to pan. Bring to a boil; reduce heat.

*For pot roasts and other braised dishes, such as Swiss steak, chili and shredded beef, use small amount of liquid (1/2 to two cups)

* For stews and soups, use at least enough liquid to cover beef

* Corned beef brisket is cooked in liquid to cover beef

Step 3:

Cover tightly and simmer gently over low heat on top of the range or in a preheated 325-degree F. oven, until beef is fork-tender. (It is not necessary to turn pot roast over during cooking.) When the beef is done, it can be removed from the pan and kept warm while the cooking liquid may be thickened or reduced as desired.

#Beef Strong - South Dakota State Fair



South Dakota State Fair!
People attending the South Dakota State Fair were asked to be on the lookout for signs promoting beef and to share a picture to Facebook with hashtag **#Beefstrong** to win prizes from South Dakota CattleWomen!

Quick and Easy Meal in Minutes!

Onion and Pepper Beef Steak Sandwich

- 1/2 lb. Beef Round Tip Steaks
(cut 1/2 to 1/4 inch thick)
- 2 tsp. Vegetable Oil
- 1 Small Onion, cut into thin wedges
- 1 Jalapeno Pepper, sliced
- 1 Small Clove of Garlic, minced
- 2 Kaiser Rolls, split
- 1/4 cup Chopped Tomato

Heat oil in large nonstick skillet over medium-high heat until hot. Add onion, jalapeno pepper and garlic; cook and stir three to four minutes or until lightly browned. Remove.

Heat same skillet over medium-high heat until hot. Place beef steaks in skillet; cook one to two minutes, turning once. Do not overcook. Season with salt. Serve in rolls with onion mixture and tomato.

Makes two servings.

Did You Know . . .

Cattle are Firefighters!

* When cattle graze, they reduce the length of the grass, just as a human does when he or she mows the lawn. This is very helpful in reducing the spread of wildfires since there is less material to burn.

*Cattle fight fires in another way - components from their blood are utilized to manufacture fire retardants used in fire extinguishers.

**We hope everyone stays
safe and healthy in these
uncertain times of
Covid-19!**

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|--|---|--|--|
| <ul style="list-style-type: none"> ★ Associate Members ★ Animal Clinic, Ltd., Winner ★ Anson Insurance Services, Inc.,
DBA Southern Dakota
Insurance, Burke ★ BankWest, Gregory ★ Buche's, Gregory ★ Burke Livestock Auction, Burke ★ Burke Oil Co., Inc. Chamberlain ★ C&B Operations, Chamberlain ★ Cahoy's General Store,
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Supply LLC, Chamberlain ★ Charly's Restaurant & Lounge,
Chamberlain ★ CHS, Inc., Corsica ★ Country Pride Coop, Winner ★ DeJong Ranch, Kennebec ★ Dobesh Ranch, Belle Fourche ★ Joe Duling, Gregory ★ First Dakota Bank, Yankton | <ul style="list-style-type: none"> ★ First Fidelity Bank of Burke,
Colome and Winner ★ Frontier Motors, Inc., Winner ★ Gregory Animal Clinic, Gregory ★ Grossenburg Implement, Inc.
Winner ★ Highmore Herald, Highmore ★ Kohlman, Bierschbach and
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Chamberlain ★ Littau Angus, Carter ★ M & M Jessen Ranch, Holabird ★ Mathis Implement, Winner ★ Mid Dakota Meats, LLC.,
Winner ★ Midwest Liquid Feeds, LLC
Wood ★ Purvis Electric, Burke ★ Raven Angus, Colome ★ Rosebud Electric Coop, Inc.,
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Chamberlain ★ Statewide Ag Insurance, Inc.
Winner ★ Stella's, Burke ★ Teena's Kitchen, Colome ★ Tim Pazour Trucking, Pukwana ★ The Insurance Center, Winner ★ Westwood Ranch, White River
Winner Livestock Auction ★ Winner Seed/Gene Brondsema
Winner | <ul style="list-style-type: none"> ★ Sustaining Members ★ Theresa Fox ★ Rose Paulson ★ Shirley Thompson ★ Kodi Blotsky ★ Katie Nold ★ Diane Booth |
|--|---|--|--|

Mission: South Dakota Cattlwomen strive to Promote, Educate and Inform about our BEEF INDUSTRY.